

# Guidelines for Making the Move to Duxbury House Memory Care Residence



## Let Us Help You

Welch Senior Living and Duxbury House understand how challenging the COVID-19 Pandemic has been for all families, especially when a loved one needs ongoing support and assistance. After ongoing assessment and re-working of our move-in guidelines and policies, we are happy to report that new residents continue to join us and are settling comfortably into their new home.

### **BENEFITS OF LIFE AT DUXBURY HOUSE MEMORY CARE RESIDENCE**

Duxbury House is a family-oriented community with private rental apartments in two unique households. We provide a safe and more engaged environment than many people find elsewhere.

Certified Dementia Care Practitioners (CDPs) provide 24-hour care, such as assistance with activities of daily living, medication management, coordination of medical appointments and telehealth visits.

Residents engage in small, socially distanced arts activities and exercise. Families enjoy relaxed time together, free from the stress of caregiving. Safe and secure patios, gardens, and porches offer outdoor enjoyment for residents, caregivers, and families.

### **MAKING A SMOOTH TRANSITION: FURNISHED APARTMENTS AVAILABLE**

We are pleased to offer the option of fully-furnished apartments upon move-in, simplifying the transition for our residents. This is an attractive option for families whose loved ones need care now, but would prefer to postpone moving in their own furniture.

Respite stays are also available, allowing family caregivers a short break and giving loved ones an opportunity to experience all that our community offers.



## POLICIES ON NEW RESIDENT MOVE-INS

We have instituted a variety of procedures and protocols to facilitate resident move-ins while continuing to protect our community's health and well-being.

- Obtaining your assessment prior to move-in is quick and easy, due to our longstanding relationships with hospitals, skilled nursing and rehabilitation centers, geriatric care managers, physicians, and visiting nurse associations. Best of all, the potential resident assessment can be completed either virtually or in person – whatever is easiest for you!
- Decisions on the admission of potential residents will be evaluated and determined on an individual basis following discussions with the Executive Director, Resident Care Director, Special Care Program Director and Marketing & Sales Director.
- All new Residents must be vaccinated for COVID-19. Proof of vaccination is required.
- All Residents are required to have a negative Covid test 24-48 hours prior to moving into the community, and proof of the negative test result is required. Testing can be done at facility of choice, or at Duxbury House.
- Duxbury House will follow guidelines from the CDC, DPH, EOEA and the Board of Health for mask usage and quarantine procedures for residents that test positive or have been in close contact with an individual that has tested positive.

## VISITATION

Duxbury House follows the latest guidelines from the Massachusetts Department of Public Health (DPH), the Centers for Disease Control (CDC), and the Massachusetts Office of Elder Affairs (EOEA) concerning COVID-19. Protocols are in place to maintain everyone's health and safety and to ensure healthy in-person visits. Face masks are currently required for all visitors while in our community's public areas, and face masks may be removed during visits in the resident's apartment if both parties are vaccinated. For unvaccinated visitors, social distancing and wearing masks will continue during activity programs and communal dining. Residents are allowed to leave the community and are not required to quarantine upon their return.

## IN-PERSON TOURS

The residents of Duxbury House are at the heart of all we do here, and so it is important that we continue to offer in-person tours so that you can see for yourself what makes us the right fit for you. Being onsite here at Duxbury House gives you and your loved ones the opportunity to ask our staff and current residents what they love most about working and living here. And if visiting in person is not an option, our virtual visit options allow you to learn about our community from the comfort of your home.

## COMPREHENSIVE HEALTH & SAFETY PROTOCOLS IN PLACE

Welch Senior Living has implemented a mandatory COVID-19 staff vaccination policy, effective Wednesday, September 1, requiring COVID-19 vaccinations for all employees.

All Duxbury House staff have received training on Comprehensive Infection Control Policies and have been properly trained in disinfection procedures for all areas of the community from resident apartments to common areas and everywhere in between.

Staff wear appropriate PPE, and masks are required for all staff, residents, and visitors in public areas throughout our community at current time. For the latest mask policies in place, we encourage you to consult with our Executive Director, Resident Care Director, Special Care Program Director or Sales & Marketing Director. We will do our best to inform you as EOEA guidelines are updated going forward.

**We're here to help. Call 781-694-2205 today for a consultation.**